

Experience the ABCM Difference at Lake Mills Care Center

Whether you're looking for short-term care as you or a loved one recover from surgery, injury, or illness or planning for a long-term stay, we understand the process can be a difficult and overwhelming time for you and your family. Our team at Lake Mills Care Center is dedicated to helping you make the best decision for your needs.

Lake Mills Care Center offers a variety of care options and strives to provide high quality of care for our residents. We are proudly owned and operated by ABCM Corporation located in Hampton, Iowa. ABCM is a multi-level provider and has been a leader in long-term care for over 50 years.

Lake Mills Care Center continually strives to create an environment where daily routines and habits are encouraged and accommodated. Contrary to the traditional medical model where individuals are treated solely based on their diagnosis and medical needs, Person Directed Care is a commitment to the respect and accommodation of individual routines, meals, and activities of each community member. ABCM's Core Values set the standard for Person Directed Care, encompassing: shared vision, individualized lifestyle, relationships, empowerment, homelike environment, lifelong learning, customer services, and positive work environment.

We invite you to visit us and experience the ABCM difference at Lake Mills Care Center. Personal visits are always welcome. To learn more about the services and amenities that Lake Mills Care Center offers, contact us or visit our website at www.abcmcorp.com.

Sincerely,

The Lake Mills Care Center Team

Lake Mills Care Center



406 South 10th Avenue East • Lake Mills, Iowa 50450
(641) 592-4900 • www.abcmcorp.com

Enhancing Relationships

Care & Services

Although each of our 31 ABCM locations provides specialized services, all of our skilled nursing and long-term care centers provide the following care and services:

- 24-hour skilled nursing
- Long-term care
- Rehab-to-home
- Transitional care
- Physical, Occupational, & Speech Therapies
- Restorative care program
- Around-the-clock admissions
- Resident evaluation & care planning
- Social activities & outings
- Transportation to appointments
- Medicaid & Medicare Certified
- Specialized services vary by location

Specialized Services

ABCM Corporation provides a variety of specialized services throughout our 31 Iowa locations. Services that are specialized and unique to Lake Mills Care Center include:

- Mills Harbour Independent & Assisted Living
- Hospice care
- Bariatric care
- Outpatient therapy
- Restorative therapy
- Music therapy
- Cognitive therapy
- Respite services
- Podiatrist care onsite
- Psychiatric visits
- Tapestry Telehealth
- Enteral feeding management
- Ostomy services
- Pet companion services
- IV treatment
- ET/Wound care

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- Dentistry
- Lymphedema services
- Lab work services

Amenities

Whether you're with us short-term to recover from surgery, injury, or illness or for a long-term stay, these amenities will make you feel right at home at Lake Mills Care Center:

- Private rooms
- Semi-private rooms
- Hospice suite
- Skilled suite
- Rehab-to-home suite
- Daily housekeeping
- Laundry services
- Open dining
- Restaurant style dining
- A la' carte menu
- Snacks available 24-hours
- Onsite doctor's round
- Beauty & barber services
- Satellite included
- TV provided in-room
- Outdoor porch
- Garden area
- Whirlpool spa
- Spiritual services
- Room available for private family gatherings
- Complimentary Wi-Fi

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Admission Process

If you are considering admission to our home, for any length of stay, one of our Care Liaisons and/or Admission Team members will coordinate and communicate with you and your care team. Our goal is to ensure we can meet your needs and provide the best transition possible to our home. This complimentary service will also allow you to ask questions and identify all the options available so you can make informed decisions about your care, all without any obligation or cost.

Pre-Admission Evaluation and Options Counseling

Our Care Liaisons and/or Admission Team members provide information and options in regard to your individual needs and situation, *before* you need to make decisions about your care.

Prior to admission, our Care Liaisons and/or Admission Team members will gather information and provide options related to your personal situation. As part of this evaluation, we will ask questions to better understand your medical and financial needs, as well as personal preferences. Whenever possible, we will travel to wherever you or the potential resident is currently located, such as a physician's office, hospital, or at home. If a face-to-face meeting is not possible, we will coordinate with you and your care team to review the information via phone, fax, or other options.

The following items must be provided before admission:

1. A copy of current medical records, such as progress notes, medication list, labs/testing, demographic information, advanced directives, etc. A current history and physical must be completed prior to admission, per regulation.
2. All insurance information and benefits to verify coverage and provide you information on your options and financial responsibilities at the time of admission or in the future. Additional financial information may be required.
3. Admitting orders from your physician or current provider.
4. A Pre-Admission Resident Review (PASRR) submitted to IME/DHS, regardless of payer, approving your admission to the facility.

Once Lake Mills Care Center has determined they are able to meet the needs of you or the potential resident, we will work with you and/or your care team on the admission date, time, and mode of transportation to the facility. Additional admission paperwork will need to be completed either prior to, or the day of admission, with the resident and/or responsible party. This includes completion of documents for the resident's medical and business file. With the help from our staff, this process may take an hour to complete.

We Accept Residents 24/7

If you are in the emergency room, hospital, or medical clinic, ask for our ABCM Care Liaison and/or an Admission Team member at Lake Mills Care Center. Our teams are on-call 24/7 to answer your questions and assist you in transferring to our home whether it is for rehabilitation, observation, or long term care.

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Finances and Insurance

ABCM Corporation accepts private pay and provides assistance regarding the financial arrangements for your care. We bill Medicare, Medicaid, and most major insurance companies. We can also assist with submitting claims to long-term care insurers. Select ABCM locations are contracted with the Department of Veteran's Affairs (VA) and participate in ACO (Accountable Care Organizations), as well.

Traditional Medicare/Skilled

Lake Mills Care Center participates in the Medicare/Skilled Program. Eligibility of Medicare/ Skilled is based on the following criteria:

- Resident must have a three day, acute qualifying hospital stay.
- Resident must be entitled to Medicare Hospital Insurance Benefits.
- Resident must be then admitted to a skilled nursing home within 30 days of the three day, acute qualifying stay.
- The Medicare/Skilled benefit allows up to 100 days of qualified skilled care.
- Resident must need the skilled nursing or skilled rehabilitation services on a daily basis to qualify for Medicare payment.
- The skilled services needed by the resident must be for the same or related problem for which the resident was hospitalized.

* ACO referrals may not require the above to qualify for Medicare coverage. These will be verified individually.

Medicaid Certified

We are a certified Medicaid provider under the state of Iowa's health plan. We assist you with the information regarding how to apply for and use Medicaid benefits.

VA Benefits - Aid and Attendance

If you or your spouse is a war-time veteran, you may be eligible for benefits under the Aid and Attendance program. Aid and Attendance can help pay for care in a care center and is based on income, assets, and medial expense.

Long-Term Care Insurance

There are a variety of long-term care insurance policies available. If you have long-term care insurance, please review your plan for policy benefits and eligibility. We can assist with submitting claims to long-term care insurers.

VA Benefits - Community Nursing Home Program

Select ABCM locations have the ability to contract with the VA Community Nursing Home Program from the Department of Veterans Affairs (VA) to provide skilled or respite care to veterans. The Community Nursing Home Program is offered so veterans can receive care near their homes and families. The VA will contribute to veteran's care if

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the eligibility criteria is met involving the individual's service connected status, level of disability, and income. Inquire for more information and locations that are VA approved.

Accountable Care Organizations (ACO)

Select ABCM locations participate in Accountable Care Organizations (ACO) through the Centers for Medicare and Medicaid Services. ACOs are groups of doctors, hospitals, and other health care providers, who come together voluntarily to give coordinated high-quality care to their Medicare patients.

The goal of coordinated care is to ensure that patients, especially the chronically ill, receive the right care at the right time, while avoiding unnecessary duplication of services and preventing medical errors. ACOs aim to lower health care costs while meeting performance standards on quality of care and putting patients first.

Only patients with traditional Medicare can be assigned to an ACO. You cannot be assigned to an ACO if you have a Medicare Advantage Plan. Eligibility for services, such as skilled nursing facility care (SNF), varies from traditional Medicare. For example, you may not need a qualifying hospital stay to utilize SNF care. Please check with your provider for specific questions about your benefits and eligibility.



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Owned and Operated by ABCM Corporation

In 1961, George M. Manoylovich became concerned about conditions of nursing homes and the housing for the aged in Iowa. He began an association with new partners D.K. Benge, MD, and James E. Coonley II, attorney, both of Hampton, Iowa. Richard A. Allbee, attorney and current CEO, also of Hampton, joined the others in 1971. The first letters of the last names of the founders were combined to create ABCM Corporation.

The first ABCM Corporate care center was built in Hampton, Iowa, leading the way with a building that was unique and unusual at a time when most nursing homes were old remodeled houses. Features from this first build were later incorporated into minimum building standards of the Federal Housing Administration and the Iowa Department of Public Health construction standards. ABCM Corporation has since grown to 31 long-term care and rehabilitation facilities, 24 independent and assisted livings, 14 outpatient therapy centers, and numerous specialized services offered at the different locations across the state of Iowa.

Skilled Nursing & Rehabilitation Centers:

ABCM Rehabilitation Centers of Independence
Allison • Rehabilitation Center of Allison
Aplington • Maple Manor Village
Armstrong • Valley Vue Care Center
Battle Creek • Willow Dale Wellness Village
Belmond • Rehabilitation Center of Belmond
Bloomfield • Bloomfield Care Center
Britt • Westview Care Center
Clear Lake • Oakwood Care Center
Dumont • Dumont Wellness Center
Elma • Colonial Manor of Elma
Emmetsburg • Emmetsburg Care Center
Garner • Concord Care Center
Guttenberg • Guttenberg Care Center
Hampton • Rehabilitation Center of Hampton
Indianola • Westview of Indianola
Lake Mills • Lake Mills Care Center
Lisbon • Rehabilitation Center of Lisbon
Mason City • Heritage Care and Rehabilitation Center
Mount Vernon • Hallmark Care Center
Morning Sun • Morning Sun Care Center
Nevada • Rolling Green Village
Nora Springs • Nora Springs Care Center
Oelwein • Grandview Health Care Center
Oelwein • Oelwein Health Care Center
Sac City • Park View Rehabilitation Center
Sigourney • Manor House Care Center
Waterloo • Harmony House
Waukon • Northgate Care Center
Webster City • Southfield Wellness Community

Healthy Living Home Care Programs:

Aplington
Armstrong
Clear Lake
Elma
Emmetsburg
Guttenberg
Indianola
Nora Springs
Oelwein
Sac City
Waukon

Independent & Assisted Livings:

Allison • Elm Springs
Aplington • Maple Manor
Armstrong • Spring Creek
Battle Creek • Willow Dale
Belmond • Belle Haven
Bloomfield • Mulberry Place
Clear Lake • The Courtyard
Decorah • Oneota Village
Dumont • Dutchman's Oaks
Elma • Afton Oaks
Emmetsburg • Emerald Oaks
Garner • Cardinal Grove
Guttenberg • Eagle Ridge
Hampton • Leahy Grove
Lake Mills • Mills Harbour
Mount Vernon • Cherry Ridge
Nevada • Indian Creek
Nora Springs • Summit Heights
Sac City • Park Place
Sigourney • Deer View Manor
Swea City • Main Street
Waukon • Liberty House
Waukon • Southcrest Manor II
Webster City • Southfield

Outpatient Therapy Centers:

Allison
Aplington
Clear Lake
Elma
Garner
Guttenberg
Hampton
Independence
Lake Mills
Morning Sun
Mount Vernon
Nora Springs
Oelwein-Grandview
Waukon



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